Swim Tab Installation Instructions
11/22/08

The Swim Tab was designed to provide a seal around the bottom half of the pouch for added security attachment of the wafer perimeter. The tab should be installed before application of the pouch to insure satisfactory seal. Please follow the instructions below for best results:

1. Place the pouch on a clean flat surface with the wafer facing down. Use an object with some weight to hold the pouch out of the way in the folded position shown.

2. Cut the security swim tab to the desired shape with scissors in preparation of application to the wafer.

3. Peal the protective backing from the security swim tab and apply it to the tan stiffening material on the wafer as shown:

When applying the pouch to the abdomen, be careful to apply the security swim tab smoothly to the body without any wrinkles. Shave any body hair in the area before application. Properly installed, this can provide a barrier to prevent outside water from penetrating while swimming. It also provides a seal that will extend wear time and /or help if you are having difficulty attaching the pouch securely.

"*Dedicated to Improving Ostomy Lifestyle*"