



## Instructions for Use of The Schena Ostomy EZ- Clean Pouch Cleansing System (Patent Pending, All rights reserved)

**Note: A water servicing source is required. An EZ-Clean Fixed or Portable Water Feed System is available from your medical supplier.**

1. The user should sit on the toilet in a conventional manner or facing the water closet and open the pouch drain and let it drop into the toilet.
2. The closure screw cap for the cleansing system access inlet should be removed to allow for hook-up of the Water Feed System.
3. The Water Feed System should be securely fastened to the inlet of the pouch cleaning system using the screw male fastener. The Schena EZ- Clean pouches have a screw type connection for attachment convenience.
4. **Turn water supply valve on** and depress the trigger button on the Water Feed System to begin cleansing pouch.
5. Gently apply finger pressure to the outside of the pouch in a circular motion in the area of the stoma to assure total cleansing of the pouch interior.
6. When the water runs clear release water supply button (**Turn off water supply valve**) and remove the hose from the pouch. Cap the system and wipe any moisture from the pouch drain and seal closed.
7. The procedure should take approximately 30 seconds to 3 minutes. There are a variety of steps that can be taken to improve efficiency of cleaning such as pinching off the pouch drain using two fingers to let water accumulate in the pouch and then letting go to get a volume release.

**Note: Accumulated gas in the pouch can be evacuated by opening the inlet cap of the system and gently pushing on the pouch. Release in an appropriate location.**

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