



Ostomy Pouch Application Instructions

Purpose:

To provide ostomates with a guide that will enable proper application of the pouch to the skin to permit maximum wear time and minimal breaches (leakage). Proper preparation of the skin surrounding the stoma will result in secure attachment of the wafer and a wear period that provides confident elimination of anxiety and concern that the pouch will leak or emit odor.

Application Step by Step Instructions:

1. The area skin surrounding the stoma should be thoroughly cleaned with material that is free of any lubricating crème or skin conditioner. This is critically important for the correct wafer attachment to the skin.
2. If there is body hair in the area it must be shaved to assure a proper seal to the skin. Dry shaving the area and cleaning thoroughly after is important. Williams Electric Shave works well for both cleaning steps.
3. Remove the backing material from the wafer exposing the sticky side and warm the wafer with a hair dryer to prepare for application. Additional security can be achieved by applying Perimeter Hydrocolloid Security Tabs on the inside lower wafer position. (See our product catalog)
4. Apply a layer of Cavilon 3M Skin Barrier to the skin surrounding the stoma. Dry area using a hair dryer to achieve a maximum adhesion to the skin.
5. It is recommended that you apply Stoma Surround Sealant to the wafer in a U shape around the opening cut for the stoma from the 10:00 to 2:00 position and then apply the pouch to the abdomen. Heating the wafer before application with a hair dryer will help achieve a good seal.
6. Using your fingers, circle the stoma working your way to the outside edge applying pressure to assure that the pouch wafer has achieved good contact and adhesion to the skin. You should have 3 to 5 days wear time.