E-Z Clean One Piece Drainable Pouch

DIRECTIONS For:

* **Skin Preparation**
* **Pouch Application**
* **Instructions for Use**

Dedicated to Improving Ostomy Lifestyle!

Schena Ostomy Technologies, Inc.
2313 Harrier Run
Naples, Florida 34105
Tel: 239 263-9957
e-mail: ostomyezclean@comcast.net

SCHEN OSTOMY TECHNOLOGIES ™

User Application of the EZ Clean ™ Pouch System

(Patent Pending, All Rights Reserved)

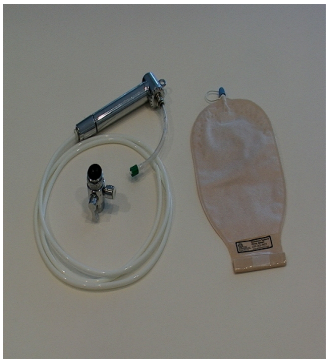
1. Preparation of the abdominal skin surrounding the stoma is critical to the successful application of the wafer.

2. Clean the skin using a suitable material (Williams Lectric Shave works well on some people) to remove oils and residual adhesive left on the skin from a prior wafer application. If there is hair present, it should be shaved to allow a clean surface on which to attach the wafer. **Do not apply any kind of prep material as it will shorten the length of time the wafer will remain securely attached**.

3. The wafer should be heated to body temperature using a hair dryer, or other suitable means (such as placing under arm pit during preparation), to enhance adhesion to the abdominal area surrounding the stoma/

4. When the area has been carefully prepped, cut the stoma opening according to your size and remove the paper backing from the wafer. Carefully align the wafer and apply to the abdomen taking the time to smooth out all wrinkles using your hand to assure an airtight seal.

5. The system has been provided with a docking tab that allows the user to fold the pouch in half securing it for comfort and convenience. The hook & loop fastener has been designed to release accommodating pouch contents.



EZ Clean System

Commode Hanger

System Operating

Pouch Docking Tab

Instructions for Use of The Schena Ostomy E-Z Clean Pouch Cleansing System

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Note: A water servicing source is required. An EZ Clean Fixed or Portable Water Feed System is available from your medical supplier.

1. The user should sit on the toilet in a conventional manner or facing the water closet and open the pouch drain and let it drop into the toilet.

2. The closure screw cap for the cleansing system access inlet should be removed to allow for hook-up of the Water Feed System.

3. The Water Feed System should be securely fastened to the inlet of the pouch cleaning system using the screw male fastener. The Schena E-Z Clean pouches have a screw type connection for attachment convenience.

4. **Turn water supply valve on** and depress the trigger button on the Water Feed System to begin cleansing pouch.

5. Gently apply finger pressure to the outside of the pouch in a circular motion in the area of the stoma to assure total cleansing of the pouch interior.

6. When the water runs clear release water supply button **(Turn off water supply valve)** and remove the hose from the pouch. Cap the system and wipe any moisture from the pouch drain and seal closed.

7. The procedure should take approximately 30 seconds to 3 minutes. There are a variety of steps that can be taken to improve efficiency of cleaning such as pinching off the pouch drain using two fingers to let water accumulate in the pouch and then letting go to get a volume release.

Note: Accumulated gas in the pouch can be evacuated by opening the inlet cap of the system and gently pushing on the pouch. Release in an appropriate location.